



OUTSET CARE **SERVICES**

BUILDING A BETTER FUTURE TOGETHER



Who are we & what do we do?

Outset care services is a dynamic specialist care provider that offers 24 hour and semi-independent supported living options for young people.

At Outset Care Services, we understand that each young person requires their own form of support dependent on their previous history and current circumstances. Our specialist team tailor's the support given to each young person, with the aim of equipping them with the skill sets needed to live a successful, independent adult life within society.

Our baseline support consists of the following:

- Maintaining a healthy lifestyle
- Managing their own living space
- Maintaining their personal health and safety
- Managing finances
- Applying for and maintaining employment
- Applying for and maintaining further and higher education.



Our philosophy

Our philosophy at Outset Care is informed by psychodynamic and cognitive behavioural theories. With pastoral mentoring, encouragement and exposure to continuous examples of appropriate behaviour, the young people within our care can learn how to develop strategies in better managing any potential problems/issues they may face in life.

Young people have an individualised support plan set out by their key worker and social worker. They have the opportunity to modify their behaviour and engage in positive learning activities. All of our programmes are designed to empower young people in areas where they can benefit from an increase in skill and/or personal resources.





Meet Our Team

The entire specialist team is committed to ensuring that all clients are treated fairly with empathy, dignity and respect at all times. Together we will continue to provide high standard accommodation and structured support services that give's young people the skill's needed to make a successful transition to independent living.

Zelalem Mebrahtu - Registered Director/Manager

Zelalem is an organised, energetic and vibrant individual with over 21 years of experience in social care. She has worked with looked after children from diverse backgrounds and needs including unaccompanied minors, young people with mental health difficulties and other complex needs. Having previously worked in semi-independent units and also being a foster carer of children and young people between the ages of 0-21, Zelalem has demonstrated the ability to work effectively in partnership with local authority and multi-agency professionals to get the best overall outcome for each young person she has worked with/cared for. Zelalem is also multilingual, speaking fluent Tigrinya and Amharic in addition to English.

Peniel Sium - Assistant Manager

Peniel is a hard working, outgoing and strong-minded individual who has a range of experience within social care and has strong feelings towards assisting, mentoring and empowering young people. He is a qualified social worker and has experience of working within early help as an FSA worker, assisting families with children between the ages of 0-11 and also within frontline children's services; which involved working with vulnerable children between the ages of 0-14 and their families. He has also worked full-time as a key worker/supervisor in an assisted living accommodation which provided 24 hour and semi-independent unit care for young people between the ages of 15-21. He has handled various cases with children and young people who have complex needs, working with multi-professional agencies to provide the best outcome for these individuals.



Our Aim

Our objective at Outset care is to identify the needs and concerns of the young people we work with, we are aware that each young person is unique and will assist and work in partnership with them to deal with any issues and needs they may have. By the end of their placement, each young person should have developed the skillsets required to become independent, empowered individuals that realise their potential and have a positive influence within society.

In order to fulfil this aim, quality housing support and key working is crucial. Our units are well fitted to accommodate young people and all key workers have the capability and necessary training to provide the best support possible for each young person. The Outset Care team as a whole has a passion for working with young people; which drives us to provide the best care service possible.

Want to know more?

If you wish to find out more information about the services we provide or would like to make a referral please do not hesitate to contact us using the details below.



CONTACT US

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